

Poshan Pakhwada Celebrated from 20th March to 3rd April

S.No.	Date	Activity
1	20.3.2023	Rally was conducted on awareness of Millets
		
2	21.3.2023	Yoga session was done for primary classes
		
3	22.3.2023	Awareness on Poshan ke Panch Sutras: (First 1000 days, hand wash, sanitation, diarrhea , anemia) for Pre primary
		

4	23.3.2023	Essay, Quiz, or drawing competition were conducted focusing roll of Millets in eradicating malnutrition for class 1 st to 10 th
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5	24.3.2023	Awareness sessions Adolescent girls connecting Millets with their Health(6 th to 10 Th)
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6	25.3.2023	Nukad natak /Folk show to promote millets.(1 st to 10 th class)
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7	27.3.2023	Competition on Promoting of tri color/ rainbow / traditional thali made up of Millet based Food items (6 th to 12 th class)
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828.3.2023Poshan seminar / Lecture for 6th to 10th class



1029.3.2023School based Millet fair (1st to 10th class)



11Event on highlighting Millets as Poshtik Sampuran Aahaar



12	31.3.2023	School based Millet fair
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13	31.3.2023	Event on highlighting Millets as Poshtik Sampuran Aahaar.
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14	01.4.2023	School based Millet fairs
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15	01.4.2023	Awareness session on lifestyle changes for prevention of life style diseases and role of millets in the same
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16	03.4.2023	School based Millet fairs (1 st to 10 th class)
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